



HOUSE FAVORITES

Bacon, Egg and Cheese\$7.25
Choice of housemade bagel (*everything, plain or wheat*) or cheddar biscuit

Biscuits and Gravy *WKND ONLY*..... \$10.50
Sausage gravy over a house cheddar biscuit
*Add scrambled egg for \$2

BBQ Tofu Burrito.....\$10.00
House tofu, roasted potato, fresh eggs, cheddar cheese and house bbq sauce in a flour tortilla (*veggie option sub tofu*)

Chorizo and Potato Burrito.....\$10.00
Chorizo (ground pork and spices), roasted potato, fresh eggs, and cheddar cheese in a flour tortilla

BREAKFAST TACOS

Chorizo and Potato Tacos\$9.00
Chorizo (ground pork and spices), roasted potato, fresh eggs, and cheddar cheese on 2 flour tortillas served with house pico and sour cream

House Veggie Tacos\$9.00
Green peppers, onions, roasted potatoes, sweet potatoes, fresh eggs, and cheddar cheese on 2 flour tortillas served with house pico and sour cream

VEGGIE SPECIALTIES

Pesto*, Egg and Cheese\$6.75
Choice of housemade bagel (*everything, plain or wheat*) or cheddar biscuit

The Fluffhead (Choose Pesto*, or Choice of Cream Cheese).....\$7.00
Roasted sweet potato, pepper, onion, and fresh greens, carrots, and cucumber with your choice of spread and bagel

Bagel or Biscuit w/ Cream Cheese....\$4.50
Choose Plain, Wheat or Everything bagel

Veggie Breakfast Burrito.....\$9.00
Griddled veggies, roasted potato and sweet potatoes, fresh eggs, and cheddar cheese in a flour tortilla

Chelsey's Vegan Burrito\$9.00
Griddled veggies, roasted potato and sweet potatoes, rice, house pesto, house pico, and cucumber in a flour tortilla (*add tofu \$2*)
Gluten Free version served in a bowl
***Our pesto is vegan and contains peanuts**

SCRAMBLERS

Made with farm fresh eggs, Meadow Top Dairy and Cheddar
Add bagel/spread or side salad \$3.50
Add hot sauce or sour cream \$1.00

GF Chorizo\$9.00
Ground pork with spices and roasted potatoes

V GF Smokey BBQ Tofu.....\$9.00
House tofu, roasted potatoes and BBQ sauce

V GF House Veggie\$9.00
Green peppers, onions, roasted potatoes, sweet potatoes

Burrito/Scrambler Addons (each) .. \$1.50
bacon, pesto, specialty cream cheese, peppers & onions, tofu

ESPRESSO AND SPECIALTY DRINKS

Add flavor \$.50

Drip Coffee..... S \$2.25 / L \$2.50
Silver Bridge Coffee Company

Latte/Cappuccino..... S \$4.00 / L \$5.00

Mocha..... S \$4.50 / L \$5.50
A special blend of espresso, milk and of course, chocolate

Chai Tea..... L \$5.50
A special blend of black tea and spices

Tea Latte S \$4.50 / L \$5.50
Any Herbal Sage Tea sweetened with honey and steamed with the milk of your choice

Traincatcher S \$4.50 / L \$5.50
Our housemade Mocha mixed with cold-brewed Toddy

Toddy S \$3.50 / L \$4.50
Cold-brewed espresso. Sweet and delicious. Not for the faint of heart

Iced Coffee S \$3.00 / L \$4.00
We do it the right way. Our cold-brewed Toddy scaled down

Zesty Green Iced Tea \$3.00
Brewed with Herbal Sage Zesty Green Tea

Bottled and Canned Drinks \$2.00
(San Pellegrino, Coke, Fanta, Root beer, etc...)

Milks and Orange Juice.... S \$3.00 / L \$4.00
Meadow Top Dairy: Whole, Almond, Oat and Soy milk



RICE BOWLS

- VO GF Thai Bowl\$11.50**
Rich peanut sauce with a touch of heat and lime juice served over fresh steamed vegetables and jasmine rice (*vegans choose xtra veg or tofu, or roasted chicken*)
- VO GF Yellow Curry Bowl (a bit spicy)\$11.50**
Coconut milk, garlic, lemongrass, shallot, cumin, cinnamon, kaffir lime peel, coriander seed bring strong flavors in this savory curry served over fresh steamed vegetables and jasmine rice (*vegans choose xtra veg or tofu, or roasted chicken*)
- GF Red Curry Bowl (quite a bit spicy).\$11.50**
Coconut milk, crushed red chiles, lemon grass, galangal, fish sauce and fresh lime leaf form the flavors in this delicious curry served over fresh steamed vegetables and jasmine rice (*choose xtra veg or tofu, or roasted chicken*)
- GF V Banh Mi (inspired) Bowl\$11.50**
Choice of protein (CHICKEN/TOFU) with pickled carrots and onions, jasmine rice, copious amounts of cilantro, sriracha yum yum sauce and topped with peanuts + *Pickled Serranos \$.50*

WRAPS SERVED COLD

- V BBQ Chicken wrap\$9.00**
House BBQ sauce with roasted chicken, diced onion, shredded carrot, cheddar cheese and fresh greens in a flour tortilla
- V Buffalo Chicken Wrap.....\$9.00**
Cream cheese and Frank's RedHot® sauce with roasted chicken, shredded carrot, onion, celery, fresh greens, and cheddar cheese in a flour tortilla
- V Thai Peanut Wrap\$9.00**
Fresh greens, carrots, cucumbers, red cabbage, pickled carrots and onions, roasted chicken, and peanuts with our house Thai Peanut sauce in a flour tortilla (sub tofu for chicken)
**Add Sriracha for extra spicy*

SALADS

Dressings: Thai Peanut, Cilantro Cucumber Pesto, Balsamic Vinaigrette

- V Seasonal Quinoa Salad.....\$10.50**
**Please ask us for details!*
- VO The Greenery\$9.00**
Spring mix greens topped with carrots, celery, cucumbers, red onion, and housemade croutons
Suggested Dressing: Thai peanut
**Add Roasted chicken, or rice & tofu (\$3)*
- V Buffalo Chicken Salad.....\$11.00**
Fresh spring mix topped with celery, carrot, onion, cheddar cheese, croutons, and your choice of chicken or tofu with buffalo sauce and bleu cheese dressing

SIDES

- Scrambled Eggs\$4.00**
- Roasted Potatoes\$3.50**
- Bacon.....\$4.50**
- Cheddar Biscuit.....\$3.00**
- Side Salad\$4.50**
- Pico de Gallo\$2.00**
- House Hot Sauce or Sour Cream\$1.00**
- Steamed Veggies & Rice\$5.00**
Broccoli, sweet peppers, carrots, and squash w/ rice



LIFE IS GOOD. EAT AT FLUFF.

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TAKE OUT

740.249.4286